

**ANDREW JAY ERKIS, Ph.D.**  
Therapeutic & Educational Placement Consultant

# ERKIS

CONSULTING GROUP

130 Northwoods Blvd Ste B • Columbus, Ohio 43235  
Phone: 614-231-1957

## **EDUCATIONAL BACKGROUND**

- 9/94-11/01 The Pennsylvania State University, University Park, Pennsylvania  
Ph.D., Counseling Psychology
- 8/92-7/94 Ball State University, Muncie, Indiana  
M.A., Counseling and Social Psychology  
Double Major
- 8/86-6/91 The Ohio State University, Columbus, Ohio  
Bachelor of Arts  
Major: Psychology
- 8/88-12/88 Semester at Sea  
University of Pittsburgh (Host Institution)  
Studied in ten countries

## **CLINICAL EXPERIENCE**

### **Independent Therapeutic and Educational Placement Specialist**

Consultant (9/01-present)

Assist families in crisis in assessing the needs of the adolescent or young adult. Provide short-term and long-term placement options for the adolescent when appropriate. Spend approximately one week per month visiting and assessing programs across the nation. Play an active role with the family to help them become informed consumers and to assist them with all facets of the out-of-home placement for their child. Support families during the duration of the placement.

### **Second Nature Wilderness Therapy Program, Duchesne, UT**

Therapist (3/00-9/01)

Provided individual, group, and family therapy for adolescents in a wilderness therapy program. Developed and taught in-service therapy training workshops for field instructors. Provided assessment and suggestions for appropriate follow-up care for all students. Worked closely with the student, family and the prospective follow-up site.

### **The Ohio State University, Columbus, OH**

Pre-doctoral Intern (9/98-8/99)

Provided psychological services to students at Counseling and Consultation Service (CCS). Co-led the Substance Abuse Group, Graduate Student Group, and Men's Group. Provided workshops, outreach, consultation, intake services, supervised four master's level therapists, contributed to several committees (Human Awareness Committee, Wellness Committee, and Disposition Team), designed and participated in a summer externship focusing on Neuro-Linguistic Programming and Sport Psychology, provided services to men's club Crew Team, worked individually with several athletes.

**Practica** (1/95-5/98)

Provided outpatient psychological services to students at Penn State University Counseling Center. Carried client load that varied from three to five clients per week during each academic semester for entire tenure at Penn State. Provided intake assessments and conducted time-limited therapy with students at Penn State. Supervisors: Kurt Gehlert, Ph.D., Mary McClanahan, Ph.D.

**Group Practicum** (8/96-12/96)

Co-facilitated an interpersonal growth group and co-led a grief and loss group at Counseling Center. Led training group for master's level and advanced undergraduate counseling students. Supervisor: Kathy Bieschke, Ph.D.

**Vocational Practicum** (1/95- 5/95)

Providing intake services and career counseling and guidance to students at Career Development and Placement Services. Administered and interpreted assessments including the Strong Interest Inventory and the Myers-Briggs Type Indicator. Direct Service (40 hours); Supervision (20 hours). Supervisor: Kathy Bieschke, Ph.D.

**Freshman Testing & Academic Advising Program**

Freshman Advisor (5/95-9/95)

Interpreted and integrated a series of placement instruments which assessed academic aptitude, scholastic achievement, educational interests and career aspirations. Provided academic advising for incoming freshmen.

**The Family Negotiations Center**, Indianapolis, IN

Clinical Internship (12/93-7/94)

Provided divorce counseling and mediation to court-ordered parents who were in litigation regarding child custody. Led three groups of children (aged 11 to 13) from divorced households in semi-structured therapy groups. Focused on developmental tasks of coping with divorce and setting appropriate boundaries (from the perspective of the parent and the child). Internship was 600 hours. Supervisor: Kay Hoff, MSW

**Ball State University Counseling Psychology Clinic**, Muncie, IN

Practicum (1/93-7/93)

Provided family and individual outpatient psychological services to the surrounding community. Direct service (70 hours); Intake services (2 hours); Supervision (52 hours). Supervisor: Sonya Brown, M.A.

**Harding Hospital**, Columbus, OH

Psychiatric Technician, Adolescent Long-Term Residential Treatment Unit (6/91- 8/92)

Assisted in the development and implementation of treatment plans for patients, co-led structured groups at an inpatient unit. Assisted in managing milieu at long-term adolescent unit by enforcing the token economy that was maintained on the unit and by defining and enforcing appropriate boundaries.

## **TEACHING EXPERIENCE**

**The Pennsylvania State University**, University Park, PA

**Instructor** (1/00 - 04/00)

“Group Therapy” - The course introduced students to group theory, group dynamics, and group facilitation techniques.

**Instructor** (8/99 - 12/99; 1/97 - 5/97; and 8/97 – 12/97)

“Introduction to Counseling” - The course introduced students to the counseling field. The course focused on counseling theory, counseling skills, and special topics.

**Instructor** (8/96 - 12/96)

“Dual Diagnosis” - The course served as an introduction to abnormal psychology and dual diagnosis issues for advanced-level undergraduates and graduate level students working on their chemical dependency counseling certificates.

**Teaching Graduate Assistant** (1/96-12/96)

“Introduction to Counseling” - Teaching Assistant for Jeffrey Hayes, Ph.D. Prepared examinations, graded exams, prepared and delivered one half of the class lectures.

**The Teaching of Psychology: Adjunct Instructor** (1/94-5/94)

Formalized and developed curriculum and co-instructed a class designed to give master's level students a chance to explore and develop their personal style of teaching psychology. Supervisor: Kenneth Dimick, Ed.D.

## **SUPERVISION EXPERIENCE**

**The Ohio State University**, Columbus, OH

Supervision of Master's Level Counselors

Supervised three counseling psychology doctoral students who carried caseloads of five to seven clients per week. (Supervisors: Louise Douce, Ph.D., Neal Newman, Ph.D.)

**The Pennsylvania State University**, University Park, PA

Supervision of Master's Level Counselor (1/94 -6/94)

Supervised a master's level school counselor who conducted structured groups for eleven and twelve year old children. (Supervisor: Donald Keat, Ph.D.)

Supervision Didactic Class (8/95 - 12/95)

Developed a familiarization with the literature and theoretical approaches to supervision.

Supervision Practicum (1/96 - 6/96)

Provided supervision to two master's level counselors during their practica experiences at the CEDAR Clinic, The Pennsylvania State University. Received two hours of individual supervision and one hour of group supervision per week.

## **CONSULTATION EXPERIENCE / WORKSHOP PRESENTATIONS**

**Jury Consultant: Forensic Technologies International**, State College, PA (8/95 – 3/00)

Facilitated mock trials and focus groups to assist attorneys in case development. Duties included leading focus groups, acting as a process observer, and assisting with qualitative data collection.

**Coping with Divorce Indianapolis, IN (4/94)**

Psychoeducational Divorce Seminar that was mandated by the court for divorcing couples who had children. Co-led four seminars. Supervisor: Kay Hoff, MSW.

**Coping with Depression Indianapolis, IN (12/93)**

Presented workshop on the recognition of depression, the definition of different types of depression, and coping strategies. Supervisor: Kay Hoff, MSW

**Preparing for Graduate School in Psychology (7/93 and 8/93)**

Developed and led workshops on preparation for graduate school in psychology. Presented workshops to undergraduate psychology majors and psychology honor society meetings at Ball State University, Marion College, and Taylor College. Supervisor: Karsten Look, M.S.

**PRESENTATIONS**

Erkis, A.J. (2014, March) Cincinnati, Ohio *Facts & Myths: Wilderness Therapy and Long-Term Treatment Programs for Adolescents/Young Adults*. Continuing Education Seminar, Cincinnati Society of Child Clinical Psychologists.

Erkis, A.J. (2013, March) Cleveland, Ohio *Consulting with Distressed Families: Therapeutic and Educational Placement Consultants* Classroom Lecture, Consulting and Professional Development Strategies in Clinical Psychology, Case Western Reserve University

Erkis, A. J. (2011, July). Cleveland, Ohio. *Treating the Challenging Adolescent with Co-occurring disorders: A Multidisciplinary Panel Discussion* 10th Annual Association of Recovery Schools Annual Conference: Rock & Roll to Recovery

Erkis, A. J. (2010, October). Cleveland, Ohio. *Why Wilderness Therapy?* Authored by Andrew Erkis, PhD and Paula Leslie, MA, LCPC Grand Rounds featured presenter at Cleveland Clinic, Cleveland, Ohio.

Erkis, A. J. (2010, June). Cleveland, Ohio. *Educational Success Strategies; 504, IEP, Boarding Schools, Emotional Growth Programs, Wilderness Programs and much more*. Expert panel featured presenter for Rethinking Student Success : A Two-Day Conference for Educators, Healthcare Professionals and Parents presented by The Lillian and Betty Ratner School.

Erkis, A. J. (2008, November). Cleveland, Ohio. Facts and Myths about *Wilderness Therapy Programs & Long Term Treatment Options for Adolescents and Young Adults*. Grand Rounds featured presenter at University Hospital, Case Medical Center, Cleveland, Ohio.

Erkis, A.J. (2006, December). Kalamazoo, Michigan. Michigan Women's Therapist Network. *Options for Struggling Teens who Have Exhausted all Local Resources*.

Erkis, A.J. (2005, July 12) Interview for ABC, Local affiliate regarding the benefits of Wilderness Therapy.

Erkis, A.J. (2005, January). *When all else has failed. Treatment options for children and teenagers who have exhausted all local resources*. Central Ohio Pediatric Society Monthly Meeting, Columbus, Ohio.

Erkis, A. J. (2004, July). *Why wilderness and what next? Using wilderness therapy to work with adolescents*. The Ohio State University Summit for Drug and Alcohol Treatment, Columbus, Ohio.

Erkis, A. J. (2004, June) *Working with consultants and parents of children in emotional growth schools*. In-service presented to clinical staff of Carlbrook School, Halifax, Virginia.

Erkis, A. J. (2002) *When all else has failed...options for teenagers who are not responding to outpatient treatment*. Present to parent group at Focus Treatment Center, Columbus, Ohio.

Erkis, A. J. (1999, November). The myth of objectivity in counseling psychology research: Reviewing reviewers' reviews. Poster session presented at the Society for Psychotherapy Research Mid-Atlantic Conference, College Station, University of Maryland.

Bieschke, K. J., Ashby, J. S., Trad, A. M., Erkis, A. J., Clar, D. W., & Brit, D. E. (1995, August). Relationship of trainee-supervisor experience to the supervisory working alliance. Poster session presented at the meeting of the American Psychological Association, New York, New York.

Tyler, J. M., Scheuneman, C., Erkis, A. J., Clark, J., & Tyson, C. (1994, April). *Understanding counselors' self-talk when confronting ethical dilemmas*. Presented at the Great Lakes regional conference of American Psychological Association Division 17.

Robey, K., & Erkis, A. J. (1993, October). *Are foreign students' admissions data significant predictors of academic success?* Presented at the National Association of International Educators Conference, Lexington, Kentucky.

## **MANUSCRIPTS & ARTICLES**

Erkis, A. J. When all else has failed: A Guide for Parents Considering an Out-of-Home placement for a struggling teen. In Progress.

Erkis, A.J. (2006). The Hardest Decision. *Paradigm Magazine*. 18 14 -15,.

Hayes, J. A. & Erkis, A. J. (2000). Therapist homophobia, client sexual orientation, and source of client HIV infection as predictors of therapist reactions to clients with HIV. *Journal of Counseling Psychology*, 47. 1-8.

## **INTERVIEWS**

DeAngles, T. (2013) Therapy Gone Wild *Monitor on Psychology*, 44(8) 48-52.

## **PROFESSIONAL AFFILIATION / AWARDS**

Licensed Psychologist in Ohio # 6041  
 Independent Educational Consultation Association, Full Member  
 American Psychological Association  
 Ohio Psychological Association  
 Psi Chi National Honor Society for Psychology  
 College of Education: Drexel Alumni Award (1996)  
 Graham Endowed Fellowship Recipient (1994)